# **ACTIVITIES & SPORTS**

## DUBLIN PRESCHOOL PROGRAM

#### **DUBLIN PRESCHOOL AT SHANNON COMMUNITY CENTER**

11600 Shannon Avenue

## **DUBLIN PRESCHOOL AT DUBLIN ELEMENTARY SCHOOL**

7997 Vomac Road

## Fall 2016-2017, Session I Registration

Priority registration for Session III enrolled students, their siblings, and current Little Lovies participants:

February 25 at 8 AM - March II at 8 AM

**Dublin Residents:** 

March 24 at 8 AM - April 8 at 8 AM

Non-Residents:
April 14 at 8 AM

#### 2015-2016 Schedule

#### Session III: 2/29 - 5/20

Join us for a nurturing two-, three-, or four-day thematic-based preschool program with an exciting curriculum that's fun and engaging, and includes parent participation. Staff fosters a warm and caring environment, where each child is free to express themselves, learn new preschool skills, and simply have fun! Students are taught basic social and emotional development, language, communication skills, pre-reading, and cognitive processing skills. We also offer special activity days, both on- and off-site.

Proof of age is required for final acceptance of registration. Children must be fully potty-trained; this program is designed for children who are completely responsible for their own toileting needs without diapers, Pull-ups, or disposable underwear of any kind.

This is a parent-participation preschool program where parents are encouraged to assist in the classroom a minimum number of times as follows, depending on class selection:

#### Tuesday/Thursday (two days per week students):

Parents are encouraged to volunteer a minimum of 2 times per session.

#### Monday/Wednesday/Friday (three days per week students):

Parents are encouraged to volunteer a minimum of 3 times per session.

Pre-K and Monday/Tuesday/Wednesday/Thursday (four days per week students):

Parents are encouraged to volunteer a minimum of 4 times per session.

All registered students will be assessed non-participation fees at the time of registration. If a parent elects to volunteer during a session, and is able to fulfill their minimum parent participation requirement, previously assessed non-participation fees will be rolled over towards future preschool session non-participation fees. Non-participation fees will not be refunded during a session. However, they may be refunded upon termination, or at the end of the school year.

## 2016–2017 Parent Non-Participation Fee Schedule per session:

Resident/Non-Resident - \$60/Day

\$120 Tuesday/Thursday students

\$180 Monday/Wednesday/Friday students

\$240 Pre-K & Monday/Tuesday/Wednesday/Thursday students

Non-participation fees for the 2016-2017 school year must be paid in full prior to the onset of the session. If volunteer days are fulfilled, the non-participation fees will roll over to the next session.

#### Fall 2016 Three-Year-Old Classes

Children must be three years old by December 1, 2016.

**Dublin Preschool at Shannon Community Center** 

\$616 Res/\$739 Non-Res

Mon, Wed, Fri 9/7-11/18 9:00-11:30 AM Activity #40710

3 Years \$412 Res/\$494 Non-Res

Tue, Thu 9/6-11/17 9:00-11:30 AM Activity #40712 Tue, Thu 9/6-11/17 1:00-3:30 PM Activity #40713





#### Fall 2016 Four-Year-Old Classes

Children must be four years old by December 1, 2016.

**Dublin Preschool at Shannon Community Center** 

\$437 Res/\$524 Non-Res

Tue, Thu 9/6-11/17 9:00 AM-12:00 PM Activity #40728 \$641 Res/\$769 Non-Res

Mon, Wed, Fri 9/7-11/18 9:00 AM-12:00 PM Activity #40724 Mon, Wed, Fri 9/7-11/18 1:00 PM-4:00 PM Activity #40725

#### **Dublin Preschool at Dublin Elementary School**

This class will partner with high-functioning special needs preschoolers at Dublin Elementary School. Our preschool students will develop valuable friendships and improve language and social skills. Staff is partnering with Dublin Unified School District to offer this unique opportunity.

\$962 Res/\$1154 Non-Res

Mon-Thu 9/6-11/17 9:00 AM-12:00 PM Activity #40718

#### Fall 2016 Pre-K Class

Children must be four years old by September 1, 2016.

The program provides a strong foundation of cognitive and developmental curriculum in preparation for public Kindergarten. Instruction covers basic social and emotional development, language, communication skills, pre-reading, and cognitive processing skills. Returning students eligible for the Fours program may participate with teacher recommendation. Parents of new students who are four years old by September 1, and have previous preschool experience, may call (925) 556-4500 for a teacher meet-and-greet, or e-mail dublinpreschools@dublin.ca.gov to schedule an appointment.

4 - 5 Years \$962 Res/\$1154 Non-Res

**Dublin Preschool at Dublin Elementary School** Mon-Thu 9/6-11/17 1:00-4:00 PM Activity #40731

## MINI-PRESCHOOL

#### **Little Lovies**

Have your "Little Lovie" join us weekly for mini-preschool. Our preschool staff fosters a warm and caring environment where each "Little Lovie" can listen to enchanting stories, enjoy a small craft, play at manipulative centers, join in sing-alongs, and much more. Participants should arrive in a clean diaper if needed, as our staff is not authorized to change diapers.

7 Classes Instructor: City of Dublin Preschool

18 Months - 3 Years \$140 Res/\$168 Non-Res

**Shannon Community Center** 

Mon 3/7-4/25\* 9:00-11:00 AM Activity #40416

\* no class 4/4

Tue 3/8-4/26\* 9:00-11:00 AM Activity #40417

\* no class 4/5

Wed 3/9-4/27\* 9:00-11:00 AM Activity #40418

\* no class 4/6

Thu 3/10-4/28\* 9:00-11:00 AM Activity #40419

\* no class 4/7

## **PARENT & ME**

#### **Boogie with Your Baby**

Have fun as you and your baby boogie to favorite nursery songs. Hop, jump, and dance with scarves, beanbags, parachutes and more. This class encourages imagination and creativity and is lots of fun for everyone. Adult participation is required.

8 Classes Instructor: Castro Valley Performing Arts

19 - 30 Months \$83 Res/\$99 Non-Res

**Shannon Community Center** 

Thu 2/25-4/21\* 10:00-10:45 AM Activity #40168

\* no class 4/7

#### Tiny Dancers

A perfect first dance class. Young dancers learn how to use movement as self-expression, while developing motor, social and coordination skills. This includes creative dance movement, memory games, scarf dancing, exploration with musical instruments, and obstacle courses. Adult participation is required.

6 Classes Instructor: Studio 8

18 Months - 3 Years \$96 Res/\$115 Non-Res

**Dublin Public Library** 

Thu 2/18-4/14\* 10:00-10:30 AM Activity #40458

\* no class 3/10, 3/24, 4/7

Thu 4/21-6/9\* 10:00-10:30 AM Activity #40459

\* no class 5/26, 6/2



#### **Gym Explorers**

Toddlers explore the gym, feel the equipment, and acclimate to the gym space. Class begins with a group warm-up with music to get the children moving, and ends with circle time, songs, bubbles, stamps, and coloring activities. Children must be walking independently. 13 Classes Instructor: Edge Gymnastics

9 - 20 Months \$133 Res/\$160 Non-Res

**Edge Gymnastics** 

Fri 2/19-5/13 10:30-11:00 AM Activity #40202

#### **Kindergym**

Assist your toddler on gymnastics apparatus. Kindergym starts with a group warm-up with music to get moving, and then it's on to activities. Students will finish with songs, bubbles, stamps, and coloring activities. Adult participation is required.

13 Classes Instructor: Edge Gymnastics

18 Months - 3 Years \$198 Res/\$238 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 12:50-1:35 PM Activity #40203 Thu 2/18-5/12 9:30-10:15 AM Activity #40204

## **Parent & Me Gymnastics**

With your help, your young gymnast will focus on movement, rolling, climbing, kicking and jumping, along with basic gymnastic skills, in a fun and social environment. Adult participation is required and significantly contributes to your child's motor development and confidence. No unregistered siblings.

4 Classes Instructor: CGS Gymnastics

18 Months - 3 Years \$60 Res/\$72 Non-Res

**Dublin Public Library** 

Mon 2/22-3/21\* 9:30-10:15 AM Activity #40214 Mon 4/11-5/2 9:30-10:15 AM Activity #40215 \* no class 3/14

#### Pee Wee Playtime

Enjoy interactive songs and games during circle time. Each week includes an engaging art activity, exploration and story time. This nurturing environment allows your child to have fun while building on social/physical development and creativity. This class is a perfect introduction and/or supplement to preschool. Adult participation is required.

7 Classes Instructor: Ava Chinn

2 - 5 Years \$127 Res/\$152 Non-Res; plus \$15 materials fee

**Shannon Community Center** 

Tue 4/12-5/24 10:00-11:15 AM Activity #40155

#### Twist and Shout with Your Tot

Encourage creativity and imagination as you twist and shout together to some of your child's favorite preschool songs. Students explore dance and movement through the use of beanbags, scarves, balls, parachutes, and more. This class is designed to enhance basic motor skills and introduce students to a classroom environment. Join the fun and prepare to boogie, as adult participation is required.

8 Classes Instructor: Castro Valley Performing Arts

32 Months - 4 Years \$83 Res/\$99 Non-Res

**Shannon Community Center** 

Thu 2/25-4/21\* 11:00-11:45 AM Activity #40170 \* no class 4/7

#### **Pee Wee Art Time**

Be creative, get inspired, and have fun! Each week little artists will do an instructor-directed art or craft project, and explore art mediums such as clay, stencils, stamps, recycled material, paper, collage, paint, glitter, glue, and much more! Class ends with storytime and a chance to view each other's masterpieces. Adult participation is required.

4 Classes Instructor: Ava Chinn

2 - 6 Years \$78 Res/\$94 Non-Res; plus \$15 materials fee

**Shannon Community Center** 

Tue 3/1-3/22 9:30-10:30 AM Activity #40153
Tue 3/1-3/22 11:00 AM-12:00 PM Activity #40154

#### Parent & Me Acrylic Painting

Paint with your preschooler. Create artwork by finger painting, sponge painting and using paint rollers, brushes and other fun materials. Adult participation is required.

6 Classes Instructor: Zina Kassab

2½ - 5½ Years \$120 Res/\$144 Non-Res; plus \$8 materials fee

**Shannon Community Center** 

Thu 2/18-3/24 1:30-2:30 PM Activity #40156 Thu 3/31-5/5 1:30-2:30 PM Activity #40157



#### **Tiny Tot Science**

Introduce your little ones to the exciting world of science! Each week explores a new topic, and includes a story, songs, and science experiments specially tailored for this curious age group. This supportive environment allows children to develop fine motor skills and a love of science. Adult participation is required.

6 Classes Instructor: Maria Kapadia

2 - 4 Years \$105 Res/\$126 Non-Res; plus \$10 materials fee

**Shannon Community Center** 

Thu 2/25-3/31 9:30-10:30 AM Activity #40624

#### Lil' Buddy Bowling

If fun is "right up your alley," bumper bowling is sure to be a big hit. This bowling class guarantees success for your child because the gutters are filled with bumpers. Children bowl one game or play one hour, whichever comes first. Adult supervision is required.

8 Classes Instructor: Earl Anthony's Dublin Bowl

3 - 7 Years \$80 Res/\$96 Non-Res; plus \$10 materials fee

Earl Anthony's Dublin Bowl

Thu 2/4-3/24 10:30-11:30 AM Activity #40520

## Wee Hoop Basketball: Dribblers

Help your child develop motor skills and coordination pertinent to the game of basketball. Repetition helps build their confidence level, so adult participation lessens over time. Activities include organized games that help children to develop listening skills and learn to follow directions. Adult participation is required.

8 Classes Instructor: Wee Hoop

18 Months - 3 Years \$104 Res/\$125 Non-Res

**Dublin Elementary School** 

Tue 3/8-5/3\* 6:00-6:35 PM Activity #40494

\* no class 4/5

**Stager Community Gymnasium** 

Sat 3/19-5/14\* 9:00-9:35 AM Activity #40495

\* no class 4/9

#### **Kidz Love Soccer: Parent & Me Soccer**

All the fun happens on the field, so don't just watch from the sidelines! Here's your chance to join in as your toddler is introduced to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills. A variety of soccer activities will be played each week. Children receive a Kidz Love Soccer jersey. Adult participation is required.

8 Classes Instructor: Kidz Love Soccer

2 - 31/2 Years \$114 Res/\$137 Non-Res

**Shannon Park** 

Sat 4/16-6/11\* 9:00-9:30 AM Activity #40503

\* no class 5/28

Fallon Sports Park
Sat 4/16-6/11\* 5:45-6:15 PM Activity #40504

\* no class 5/28

**Emerald Glen Park** 

Tue 4/19-6/7 5:40-6:10 PM Activity #40502

#### **NEW!** Lil' All-Stars Sports Movement

Discover a different sport each week. You and your child will participate together to learn the fundamental movements of basketball, baseball, soccer, football, track, and golf. This class will develop your child's athleticism, socialization skills, and love for playing outdoor games. All age-appropriate equipment will be provided. Take 1 Sports will provide a safe and fun, family-oriented learning environment. Adult participation is required.

6 Classes Instructor: Take 1 Sports

3 - 5 Years \$99 Res/\$119 Non-Res

**Emerald Glen Park** 

Thu 3/3-4/14\* 10:00-10:45 AM Activity #40540
Thu 4/28-6/2 10:00-10:45 AM Activity #40541
\* no class 4/7

#### DANCE

#### **Bollywood Bugs**

Have fun with dancing with your little one, Bollywood-style! Children will have a great time developing motor skills and handeye coordination through this fun, energetic dance form. Music and songs are age-appropriate.

11 Classes Instructor: Vaishnavi Misra

3 - 4 Years \$140 Res/\$168 Non-Res

**Shannon Community Center** 

Mon 2/22-5/2 6:00-6:30 PM Activity #40477

#### **Pre-Ballet and Creative Dance**

Preschoolers learn beginning ballet positions and creative dance, as well as simple exercises to increase coordination and flexibility. Your child will learn musical patterns that can be coordinated with dance movements. Students must be potty-trained.

8 Classes Instructor: Jan Manning

3 - 4 Years \$80 Res/\$96 Non-Res

**Shannon Community Center** 

Wed 2/17-4/6 10:30-11:15 AM Activity #40446

#### **Princess Ballet & Creative Dance**

Everyone's favorite princesses, including Elsa, Ana, Cinderella, Sleeping Beauty, Tinkerbell and Snow White, are welcome here. Students exercise their imaginations and dance to beloved Disney songs, while learning basic ballet techniques and building motor skills through creative dance. Fun props like wands, scarfs, and dress-up accessories are incorporated into the curriculum to help engage young dancers. Ballet attire is required. Students may wear princess dresses over ballet attire.

6 Classes Instructor: Studio 8

3 - 5 Years \$96 Res/\$115 Non-Res

**Dublin Public Library** 

Thu 2/18-4/14\* 10:30-11:15 AM Activity #40460

\* no class 3/10, 3/24, 4/7

Thu 4/21-6/9\* 10:30-11:15 AM Activity #40461

\* no class 5/26, 6/2

#### Kids Ballet/Jazz/Tap Combo

Dancers are introduced to beginning concepts of ballet, tap and jazz/creative movement. Props and age-specific music will keep them engaged and having fun. Students will share what they're learning in mini performances. Wear tap shoes and bring ballet or jazz shoes. 12 Classes Instructor: Jillian Green

4 - 6 Years \$180 Res/\$216 Non-Res

Shannon Community Center

Thu 2/18-5/12\* 4:30-5:10 PM Activity #40691
\* no class 4/7

## **MUSIC & ART**

#### Kindermusik®

Kindermusik's engaging, developmentally appropriate movementand-music classes introduce music of varying styles, genres and cultures. Kindermusik's award-winning research-based curriculum ensures activities support not only musical literacy, but also creativity, cognition, language and math skills, and social-emotional and physical development.

12 Classes Instructor: Kindermusik with Ms Lindsay & Friends

#### Village: Feathers & Old MacDonald

Help your baby develop early appreciation and accelerated aptitude for language, music and movement as we explore Woodie Guthrie's poems, bird songs, and a drum-filled "Duck Dance," before going to the farm with "Old MacDonald."

Up to 18 Months \$216 Res/\$259 Non-Res; plus \$46 materials fee **Shannon Community Center** 

Mon 2/8-5/2\* 11:00-11:45 AM Activity #40124 \* no class 2/15

#### Wiggle & Grow: Silly All Over

Toddlers love singing and dancing, but when you add a sense of humor "Silly All Over," a splash of color "Colors and Shapes on the Farm" and farmyard fun it gets even better. "Get Down on the Ground" to hop like bunnies, lumber like bears and creep like caterpillars.

18 Months - 3 Years \$216 Res/\$259 Non-Res plus \$33 materials fee

#### **Dublin Public Library**

**Tue 2/9-5/3\* 10:00-10:45 AM Activity #40125** \* no class 3/8

#### **Shannon Community Center**

**Mon 2/8-5/2\* 10:00-10:45 AM Activity #40122** \* no class 2/15

#### Wiggle & Grow with Siblings

Babies and siblings are welcome to join this family-style class.

Newborn - 4 Years \$216 Res/\$259 Non-Res; plus \$33 materials fee

#### **Shannon Community Center**

Sat 2/13-5/14\* 10:15 AM-11:00 AM Activity #40127 Sat 2/13-5/14\* 9:15 AM-10:00 AM Activity #40126 Sat 2/13-5/14\* 11:15 AM-12:00 PM Activity #40128 \* no class 2/20, 3/26

#### **KinderDrama**

Learn about the world of theater. Children build self-confidence while playing theater games, creating characters, and performing a show for family and friends during the last class.

10 Classes Instructor: Tri Valley Young Performers Academy

4 - 7 Years \$130 Res/\$156 Non-Res; plus \$10 materials fee

#### **Shannon Community Center**

Tue 2/16-4/26\* 4:00-5:00 PM Activity #40199 \* no class 4/5

# Young Rembrandts: FUNdamental Drawing

As young children learn the skills necessary to draw complex images, using Young Rembrandts step-by-step method, they build observation and fine motor skills, learn to follow directions, increase their attention span, and develop self-confidence to be successful in kindergarten.

6 Classes Instructor: Young Rembrandts

4 - 7 Years \$105 Res/\$126 Non-Res

**Heritage Park & Museums** 

**Sat 2/20-4/2\* 10:00-11:00 AM Activity #40151** \* no class 3/26

## MARTIAL ARTS

#### **Introduction to Martial Arts**

Fun, active martial arts drills help students develop focus and concentration. This unique bi-weekly class will introduce good posture, eye contact, respect, and discipline—all key components to listening and conversing with adults. This program is for new students only. Free uniform included.

10 Classes Instructor: Shir Martial Arts

3½ - 6 Years \$169 Res/\$203 Non-Res

#### **Shir Martial Arts**

Tue, Thu 2/16-3/17 3:20-3:50 PM Activity #40410 Tue, Thu 4/12-5/12 3:20-3:50 PM Activity #40411

#### **Kidz Club Karate: Junior (Tigers)**

Pallen's Martial Arts' Kid Club Karate offers an energetic, fun, non-contact, structured martial arts curriculum. Children learn basic martial arts skills and "kid-friendly self-defense techniques," and develop skills for interacting with peers at school, using group drills and games. Focus is on self-control, listening and following directions. Activities strengthen balance and motor skills. Free uniform included. 8 Classes Instructor: Pallen's Martial Arts

4 - 6 Years \$150 Res/\$180 Non-Res

#### Pallen's Martial Arts

Mon, Wed 3/7-3/30 5:00-5:45 PM Activity #40427 Mon, Wed 4/11-5/4 5:00-5:45 PM Activity #40428



#### **Tae Kwon Do: Tiny Tigers**

Martial Arts America teaches techniques based on centuries-old Korean martial arts knowledge, but tailors its program to each student's own size, strength and physical capabilities. Curriculum is designed to teach focus, self-control and self-awareness. Preschoolers learn basic stances, blocks, kicks and hand techniques, and practice positive behaviors though fun activities. An official Martial Arts America uniform is required and is available from instructor for \$49. 12 Classes Instructor: Martial Arts America

4½ - 6½ Years \$169 Res/\$203 Non-Res

**Martial Arts America** 

Thu 2/18-5/5 4:00-4:30 PM Activity #40404 Sat 2/20-5/7 10:00-10:30 AM Activity #40403

## TUMBLING & GYMNASTICS

#### **Mini-Mites**

Students enhance their motor skills and eye-hand coordination while learning basic skills on all gymnastics apparatus. Students will also learn gymnastics terminology, body positions and gym safety. Students must be potty-trained. Parents are not allowed on the floor. 13 Classes Instructor: Edge Gymnastics

3 - 4 Years \$198 Res/\$238 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 1:40-2:25 PM Activity #40205 Tue 2/16-5/10 12:50-1:35 PM Activity #40206

#### Mighty Mites

Students will enhance their motor skills and hand-eye coordination while learning basic gymnastics skills on all gymnastics apparatus. Gymnastics terminology, body positions, and gym safety will also be covered.

13 Classes Instructor: Edge Gymnastics

4 - 5 Years \$198 Res/\$238 Non-Res

**Edge Gymnastics** 

Mon 2/15-5/9 11:10-11:55 AM Activity #40207 Thu 2/18-5/12 12:50-1:35 PM Activity #40208

#### **Pee Wee Gymnastics**

Preschoolers will love using the bars, low beam, ladders, mini trampolines, barrel, incline mats, and vaulting blocks. Music is incorporated into all activities. Each week brings more challenges and more fun.

4 Classes Instructor: CGS Gymnastics

3 - 5 Years \$60 Res/\$72 Non-Res

**Dublin Public Library** 

Mon 2/22-3/21\* 10:15-11:00 AM Activity #40216 Mon 4/11-5/2 10:15-11:00 AM Activity #40217

\* no class 3/14

#### **SPORTS**

#### **Wee Hoop Basketball**

8 Classes Instructor: Wee Hoop

#### Jump Shooters

Children will develop physical skills such as balancing on one foot and hopping. The class introduces basketball skills while increasing coordination. At this level, parents are encouraged to take a supportive role with lots of high-fives and praise from the sideline.

3 - 4 Years \$104 Res/\$125 Non-Res

**Green Elementary School** 

Thu 3/10-5/5\* 6:00-6:40 PM Activity #40496

\* no class 4/7

Stager Community Gymnasium

Sat 3/19-5/14\* 9:40-10:20 AM Activity #40497

\* no class 4/9

#### **Hot Shots**

Placing more of an emphasis on developing basketball skills, this class also teaches the basic rules of the game. As the class progresses, participants will be able to use their skills and knowledge in controlled, instructional scrimmages. The activities encourage teamwork and help build new friendships.

4 - 5 Years \$104 Res/\$125 Non-Res

**Dublin Elementary School** 

Tue 3/8-5/3\* 6:40-7:25 PM Activity #40498

\* no class 4/5

Stager Community Gymnasium

Sat 3/19-5/14\* 10:25-11:10 AM Activity #40499

\* no class 4/9





#### Kidz Love Soccer

For over 33 years Kidz Love Soccer (KLS) has been dedicated to teaching children the world's most popular game within a nurturing environment. At KLS, the emphasis is always on fun! The goal is to instill an exuberant, skillful confidence in the young player through the Kidz Love Soccer method. Sessions include age-appropriate activities, skill demonstrations, fun games, and instructional scrimmages—always conducted in a non-competitive recreational format. All children receive a Kidz Love Soccer jersey.

8 Classes Instructor: Kidz Love Soccer

#### **Tot Soccer**

Just like the big kids, your little tyke will enjoy running, kicking and playing on the soccer field. This class introduces small children to soccer and helps to further develop their motor skills. Group/team effort will be encouraged through fun soccer games.

3½ - 4 Years \$114 Res/\$137 Non-Res

#### **Shannon Park**

Sat 4/16-6/11\* 9:40-10:10 AM Activity #40516 \* no class 5/28

#### **Fallon Sports Park**

Sat 4/16-6/11\* 5:05-5:35 PM Activity #40512 \* no class 5/28

#### **Emerald Glen Park**

Tue 4/19-6/7 6:20-6:50 PM Activity #40506

#### **Pre-Soccer**

Children will learn how to follow coaching instruction in a nurturing, age-appropriate environment. Fun soccer activities will teach the basic techniques of the game while helping to build self-esteem.

4 - 5 Years \$114 Res/\$137 Non-Res

#### Shannon Park

Sat 4/16-6/11\* 10:10-10:45 AM Activity #40519 \* no class 5/28

#### **Fallon Sports Park**

Sat 4/16-6/11\* 4:30-5:05 PM Activity #40518 \* no class 5/28

#### **Emerald Glen Park**

Tue 4/19-6/7 6:50-7:25 PM Activity #40517

#### **Ouick Start Tennis**

This program works by getting children involved in the game immediately. Within the first hour of stepping onto the court, children are playing the game, rallying with one another, and having fun. Scaling the game and court down to their size helps make the learning process easier and more fun. These classes give children confidence by seeing their own immediate progress, making them more enthusiastic about continuing to play and improve.

6 Classes Instructor: Arora Tennis

#### Red Small Group: (3:1 ratio)

4 - 6 Years \$168 Res/\$202 Non-Res

#### **Emerald Glen Park**

Sat 2/27-4/2 2:15-3:00 PM Activity #40610 Sat 4/16-5/21 2:15-3:00 PM Activity #40611

#### **Fallon Sports Park**

Mon 2/29-4/11\* 3:15-4:00 PM Activity #40606 \* no class 4/4

Wed 3/2-4/13\* 3:45-4:30 PM Activity #40608

\* no class 4/6

Mon 4/25-6/6\* 3:15-4:00 PM Activity #40607

\* no class 5/30

Wed 4/27-6/1 3:45-4:30 PM Activity #40609

#### Red Regular Group: (6:1 ratio)

4 - 6 Years \$108 Res/\$130 Non-Res

#### **Fallon Sports Park**

Sat 2/27-4/2 10:15-11:00 AM Activity #40604 Activity #40602 Fri 3/4-4/15\* 3:45-4:30 PM Sat 4/16-5/21 10:15-11:00 AM Activity #40605 Fri 4/29-6/3 3:45-4:30 PM Activity #40603 \* no class 4/8

#### **NEW!** Fit and Fun for Preschoolers

Build healthy kids through fitness, nutrition, and yoga. Rather than focusing on one sport, we will help kids develop their natural skills by building all of the muscles in their bodies. Children will be better prepared-mentally and physicallyto participate in organized sports as they grow. Class will also include a nutrition topic of the day and a craft or allergy-free snack. We will end our active class with yoga time that blends story time, play, and music. Children must be potty trained.

7 Classes Instructor: Modern Recess

3 - 5 Years \$125 Res/\$150 Non-Res

**Shannon Community Center** 

Wed 2/24-4/13\* 10:00-11:00 AM Activity #40445

\* no class 3/30